

Ross Recreation – Youth Sports/Afterschool Guidelines 2020

*(updated 09/01/2020 in accordance with Marin Recovers updated policies:
<https://marinrecovers.com/summer-camps-youth-activities/>)*

Note: These guidelines are in compliance with Marin County health orders and best practices recommendations.

- Summer camps and sports camps must operate for a minimum of three days per week under current County guidelines. Additionally, all camps must be carried out in stable groups of 14 or fewer children and children must remain in the same group each day they attend camp. Children may not attend more than two programs in any given three-week period.
- Every student & staff will have their temperature taken at drop-off. If they have a temperature of 100.4 or higher, they will not be able to attend the program for the day and will not be able to return until they have been fever/symptom free for 48 hours.
- We strongly encourage instructors to get tested for COVID-19 prior to the first day of the program but this is not mandatory.
- Upon entering room require children and adults to wash hands or use hand sanitizer. Repeat throughout the day as necessary.
- Establish procedures for drop-off and pick-up to maintain physical distancing: We will have designated drop-off areas on perimeter of School for each pod of 14
- Teach and reinforce washing hands and covering coughs and sneezes among children and staff.
- Teach and reinforce mandatory use of cloth face coverings among all staff.
- Staff should be frequently reminded not to touch the face covering and to wash their hands frequently. Information should be provided to all staff on proper use, removal, and washing of cloth face coverings.
- Ensure safe and correct application of disinfectants and keep products away from children.
- Ensure ventilation systems operate properly and increase circulation of outdoor air as much as possible by opening windows and doors, using fans, or other methods. Do not open windows and doors if they pose a safety or health risk (e.g., allowing pollens in or exacerbating asthma symptoms) risk to children using the facility.

- Take steps to ensure that all water systems and features (for example, drinking fountains, decorative fountains) are safe to use after a prolonged facility shutdown to minimize the risk of Legionnaires' disease and other diseases associated with water.
- Sanitize the sink and toilet handles before and after each child's use.
- Teach children to use a tissue when using the handle to flush the toilet.
- Wash hands for 20 seconds and use paper towels (or single use cloth towels) to dry hands thoroughly.
- Children over the age of 2 should wear cloth face coverings when **not** actively engaged in physical activity to reduce the risk for transmission only if the parent and provider determine they can reliably wear, remove, and handle face coverings following CDC guidance throughout the day. Children under 12 wearing a cloth face covering shall be actively monitored by Personnel at all times.
- All equipment used by participants or Personnel must be sanitized daily at minimum.
- For sports conditioning and training will focus on individual skill-building and will take place outside only. There will be no scrimmaging allowed at this time.
- Athletic programs must occur outdoors only and participants must stay 6 feet apart

Meals and snacks can allowed as long as the facility ensures the following guidelines:

- Set up the eating spaces to maximize space between children.
- Practice proper handwashing before and after eating.
- All snacks/lunch/water bottles will be brought by child and clearly labeled with their name on it.